

CLASS 11th



CHAPTER - 2

OLYMPIC VALUE EDUCATION

- 1. Olympics, Paralympics and Special Olympics**
- 2. Olympic Symbol, Ideals, Objectives and value of Olympism**
- 3. International olympic Committee**
- 4. Indian Olympic Association**

❏ Olympics



- ❖ A **leading international sporting** events featuring summer and winter sports
- ❖ Over **thousands of athletes** from More than **200 nation** participates
- ❖ Helds **every 4 years**, alternating between summer and winter games every 2 years in the 4 years period
- ❖ History of Modern Olympics :-
 - First olympic (modern) games held in **April 1896 hosted by Greece**
 - **14 nations and 241 athletes** (all males) participated
 - In total of **43 events in 9 sports**

Paralympics

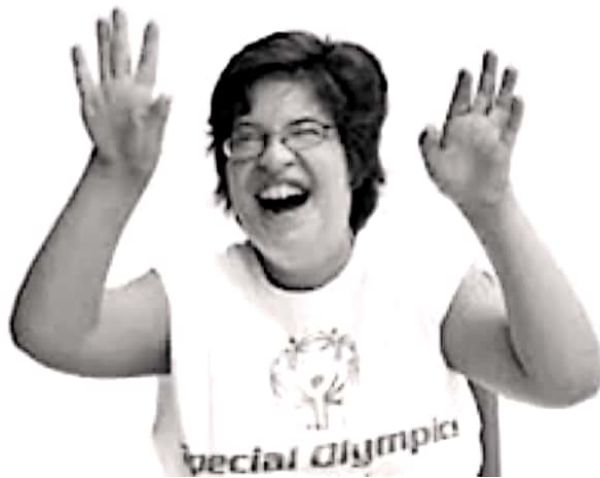
- ❖ A series of international contests for **athletes with disabilities** that are associated with and held following the summer and winter olympic games
- ❖ Was first held in **1960 in Rome**
- ❖ The International Paralympic Committee (IPC) is responsible for organising the paralympics games

❑ Special Olympics



Special Olympics

- ❖ The world's largest sports organization for children and adults with intellectual disabilities and physical disabilities



❑ Olympic Symbol

❖ Olympic Motto:-

- Citius - Altius - Fortius means **Faster, Higher, Stronger**

❖ Olympic Flag:-

- The Olympic symbol have **5 interlocking rings** representing **five continents** of the world



❖ Olympic Flame :-

- Symbolise friendship between people with the torch relay travelling through different countries
- Flames is lit in Olympia some months prior the games
- Carried by relay from olympia to the host city
- The relay route of flames inspires and motivates people across the countires

❖ Olympic Oath:-

- Written by Baron De Coubertin
- Taken by an athlete from the host nation while holding a corner of the olympic flag

In the name of all competitors, I promise that we shall take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of sportsmanship for the slory of sports and the honour of the teams



3.2 OLYMPIC IDEALS

“The important thing in the Olympics is not to win but to take part in true sportsman spirit .

Another important thing in life is not to triumph but to struggle.”

❖ Olympic Oath :

"In the name of all competitors, I promise that we shall take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of sportsmanship, for the glory of sport and the honour of our teams."



3.2 OLYMPIC OBJECTIVES

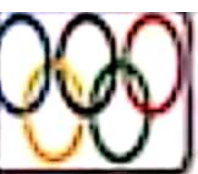
- ❖ To generate sense of loyalty , brotherhood and team spirit among the participants.
- ❖ To bring the attention of world community to the values of physical education.
- ❖ To bring attention towards competitive sports.
- ❖ To develop a spirit of international understanding and good will.



3.2 OLYMPIC OBJECTIVES

(cont.)

- ❖ **To promote amateurism among sportsmen.**
- ❖ **To remove the barriers of cast , creed , religion and colour.**
- ❖ **To inculcate the idea that sport is a pastime and not an activity for material gains.**



3.2 VALUES THROUGH OLYMPIC

❖ Friendship :

- ❖ Provides opportunities to have friendship among players and countries .
- ❖ Reaches to the citizens of more than 200 countries and applies a fundamental humanistic approach.

❖ Solidarity :

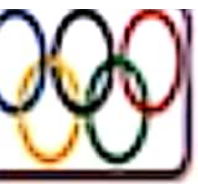
- ❖ Creates feeling of brotherhood among citizens of all nations.

❖ Fair Play :

- ❖ No favour or inclination towards any team
- ❖ Rules & regulation applied to all
- ❖ Check on performance enhancing substance

❖ Free of Discrimination :

- ❖ No racial discrimination
- ❖ No gender discrimination
- ❖ Sportsperson are free to participate in any number of events



3.3 International Olympic Committee (IOC)

- ❖ **It is the supreme authority of Olympic Movement**
- ❖ **Formed on 23 June 1894 in Paris , by Pierre , Baron de Coubertin**
- ❖ **Headquarters in Switzerland .**
- ❖ **IOC organizes summer and winter Olympic games every 4 years.**

- ❖ **First summer Olympic games in Athens , Greece 1896**
- ❖ **First winter Olympic games in France, in 1924**
- ❖ **IOC started Youth Olympics in 2010**
- ❖ **First summer Youth Olympics in Singapore , in 2010**
- ❖ **First winter Youth Olympics in Innsbruck, Austria in 2012**



3.3 International Olympic Committee

❖ Members of IOC :

- ❖ **Nominated persons from the member countries**

❖ President :

- ❖ **Elected by members for a term of 8 years**
- ❖ **Can be re-elected after completion of term**

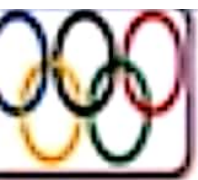
Thomas Bach ,German has become the ninth president of the **International Olympic Committee** and succeeds Jacques Rogge from 10 September 2013 .

❖ Vice-President :

- ❖ 4 Vice-Presidents
- ❖ Elected by members for a term of 4 years
- ❖ Can be re-elected

❖ Executive Board :

- ❖ President
- ❖ 4 Vice-Presidents
- ❖ 10 Other members through election



3.3 International Olympic Committee

❖ Main Functions of IOC :

- ❖ Decides the date & place of the next Olympics
- ❖ Formulates & updates the rules & regulations of the games & events
- ❖ Promotes ethics in sport & education of youth through sport
- ❖ Ensures the celebration of Olympic Games
- ❖ Protects the independence of Olympic movement

❖ Main Functions of IOC : (cont.)

- ❖ **Acts against discrimination affecting the Olympic movement**
- ❖ **Promotes women in sports at all levels**
- ❖ **Fight against doping in sport**
- ❖ **Encourages "Sport for all"**
- ❖ **Opposes political or commercial abuse of sport & athletes**